

BURRANE NATIONAL SCHOOL

SEPTEMBER NEWSLETTER



Continued....

House Keeping.....

School Uniform: Children are required to wear school uniforms on all days except PE days. PE days are every Tuesday and Thursday and children must wear their school tracksuits on these days. When the weather is warm, children are permitted to wear navy shorts or "club" shorts.

Please ensure that all your child's belongings are clearly labelled

School Journal: There is a fee of €4 for your child school journal, please send money to the school as soon as possible. (Pupils from 3rd - 6th class)

Contacting the School: Please note that Eilís Daly and Marian Culligan, work on **Tuesdays & Thursdays**. If you wish to contact the school these are the best days to contact us.

Homework: Homework began last week and as always if you have any concerns please let your class teacher know as soon as possible.

Morning Supervision: Morning supervision by teachers takes place from **9.10am-9:20am**. I would like to remind parents that any child that is in the yard before this time is **NOT** supervised and parents are doing so at their own risk. The school has no responsibility for the supervision of children at these times even if the principal/teachers are on the school grounds.

Contact Details: A reminder, if you change your contact details during the school year including your email address and phone number, to let Eilís know as soon as possible. It is vital that we have up-to-date contact details for all parents.

Absences: Please note that we are required to report children with 20 days or more absences in a school year to the Child and Family Agency, Túsla. If your child has been absent from school a written note is required as these notes are used in our returns when explaining absences. (There is no

need to ring the school, please see notes on back of your child's journal for pupils in 3rd -6th. Other classes please see your child's homework folder.

Healthy Eating Policy: Burrane N.S. promotes all aspects of 'Healthy and Sustainable Living'. As part of this we strongly encourage the children to eat healthily. With this in mind, children are not allowed bars, crisps, sweets, biscuits, buns, cakes, muffins, chewing gum, chocolate, fast food, fizzy drinks, etc. Research suggests that the healthiest lunches consist of fruit, raw vegetables, sandwiches with brown bread, crackers, yoghurts, cheese, water and/or milk. We strongly encourage the children to bring this healthy food each day in re-usable containers. **Please Note:** The school only allows treats on Friday and at the end of each term; namely Christmas, Easter and summer.

Sport.....

School Coach: We are delighted to have Mike and Mary with us every Thursday morning for fundamental movements and hurling skills. This is a two year programme. They will be with us for 6 weeks and will be back again after Easter.

In-school healthy activities:

We are usually getting ready for Cross Country Competition at this time of the year. Unfortunately, it looks like; this competition is not taking place this year. As a result, like last year we are going to run our own "In-School" Daily Activities. We hope that these activities will provide some healthy whole school fun and exercise for our pupils.



Forms to be Returned Tomorrow

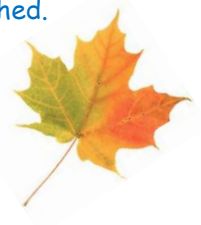
School Annual Consent Form

Please sign and return the school annual consent form attached.

Allianz Pupil Insurance Form

24 hour Pupil Personal Accident Insurance is €6.40/child. Please see notes attached.

Is mise le meas,
Helen Kelly
Principal.



BURRANE NATIONAL SCHOOL

SEPTEMBER NEWSLETTER

Continued...

